

CUBA: Music & Dance

(Note: This is only a sample tour)

Day 1: Depart for **Havana**. Upon arrival meet your English speaking tour guide. Transfer to the hotel for welcome reception and check in. At 8pm, transfer to the restaurant for your dinner in Old Havana. There will be a live band playing traditional Cuban music and a dance couple showing the basic steps of the Cuban rhythms.

Day 2: Board a bicycle and enjoy a city tour with the **Havana Cycling Club stopping at the Plaza de la Revolucion, the Statue of John Lennon, Cemetery Columbus and the Chinese Quarter**. Continue to Old Havana by bike and end at the lunch spot at the Plaza de Armas. This afternoon is an orientation walking tour through **Old Havana** passing by several squares and streets of the colonial town, Patrimony of Humanity by Unesco. Visit places like Plaza de la Cathedral, Plaza de Armas, Plaza Vieja and Plaza San Francisco. Visit the Palacio de Capitanes Generales and the guide will give you a thorough explanation of the colonial era during you stop here. Return to the hotel will be by classic American vintage cars of the 50's driving over Havana's Malecon and 5th Avenue.



Day 3: Transfer to a **National Art School Dance** to have a discussion on the art programs in Cuba and join Cuban students in workshops and dancing. Performance by the Canadian students for Cuban students. After lunch, Salsa lessons given by a Professional instructor. Later in the evening visit Dos Gardenias for dinner and enjoy the **Cuban music dancing and singing with Karaoke at the TROBAR Dos Gardenias**.

Day 4: Morning visit **Museo de la Musica**, the Cuban Institute of Music and the Museum of Dance. Afternoon visit with a Comparsa in one of the modest neighbourhoods of Havana. Comparsa are the musical/dance groups that compete in the processions during Havana's Carnival. Members of the Comparsa will endeavour to share Latin Percussion and afro-Cuban song with the students.



Day 5: Depart for **Varadero**. Panoramic drive along the Malecon – seaboard and along the coast. A scenic stop at Bacunayagua Lookout for a rest stop and to admire the view of the Yumuri Valley. Visit to Parque Josone in Varadero. **Perform for the audience present in the park**. Lunch at Parque Josone. After lunch visit Matanzas stopping at Sauto Theatre and continuous to the **Matanzas School Art (ENA) to join Cuban students in workshop**. Performance by the Canadian students for Cuban students. Return to Varadero.

Day 6: Spend the **day at the beach**. At night perform for the guests at the hotel.

Day 7: Day at leisure. After dinner, visit to **La Comparsita a musical extravaganza** for the night.

Day 8: Depart for home.



TOUR INCLUSIONS

- Return air - Cuba
- Airport transfers
- Guided sightseeing tour upon arrival in Havana
- Transportation as per itinerary in acclimatized motor coach
- Bilingual guide
- 7 nights hotel accommodation with private facilities
- All meals
- Entrance fees and visits to described events and attractions as per itinerary
- Performances, student exchange and dance lessons as described in itinerary

