

NEW YORK: Culinary

(Note: This is only a sample tour)

Day 1: Depart for the “Big Apple”.

Day 2: Arrive **New York** and transfer to the hotel. See **Rockefeller Center**, a complex of 21 buildings, underground shopping and home NBC and Radio City Music Hall. Wander down **5th Avenue**. See **St. Patrick’s Cathedral**, Trump Tower and Bloomingdales. Head to **Central Park**. Enjoy a self-guided walking tour of the most visited park in the United States. Don’t miss Strawberry Fields, created by Yoko Ono and the City of New York as a memorial to John Lennon, the Dakota Apartments where Lennon was shot dead, the Imagine Mosaic, the Carousel at 64th, Belvedere Castle, Bow Bridge and Bethesda Fountain. Or you may wish to take a horse-drawn carriage ride through the park.



Day 3: **Harlem** was originally established in 1658 by the Dutch as large farm estates, becoming fashionable and prosperous but eventually became a declining African American community. Today it is experiencing a resurgence in popularity and is home to historical landmarks such as the **Apollo Theatre**. Today enjoy a guided walking tour as well as a visit to a local gospel church. This tour emphasizes the history, architecture and people of this area known for its jazz, soul food and art galleries. Use your subway pass to head to “Eataly”, a hot new Italian supermarket with restaurants. Here you can taste and take home Italian artisan goods of the highest quality. Savor a great lunch on your own. Tonight, visit the **Empire State Building**.

Day 4: This morning after breakfast, you will subway to one of the top culinary arts training institutions in New York. You will receive a tour of the campus facilities, while learning about their career preparation programs in culinary arts, restaurant management, and pastry arts. Enjoy your first cooking class. Later shop **Macy’s**, – the largest department store in the world.



Day 5: Head to one of New York’s most colorful neighborhood, **Greenwich Village**, known for many years as the city’s Bohemian center famous for its restaurants, curio shops, bookstores, art shows, coffeehouses, and nightclubs. Enjoy a delightful walking tour of the Village learning about the culture, architecture and entertainment. You will also taste a variety of food specialties that have secured Greenwich Village’s reputation as a culinary and cultural center. Visit to Canal Street for some great bargain shopping! **Canal Street** is a veritable open-air bazaar where one can find anything from sunglasses, luggage, jewelry, and electronics. **Soho** is home to some of the newest up and coming fashion designers. Visit Little Italy where shopping and gourmet food is in abundance. Wander the cobble stoned streets filled with the tempting sights, sounds, and smells of Italian cuisine and culture. Tonight you will enjoy your first **Broadway show**.

Day 6: Board the ferry for the **Statue of Liberty** National Monument. The Statue was presented to the United States by France in 1884 in commemoration of the 2 countries alliance during the American Revolution. Next, board another ferry for **Ellis Island** which was the nation’s main point of entry into the United States for millions of immigrants from 1892-1924. Exhibits chronicle the history of the processing station and the island. Make your way to the Financial District and Ground Zero, site of the former World Trade Center. Today visit the **9/11 Memorial**. Tonight is your second Broadway show.



Day 7: Whole Foods believes that food in its purest state — unadulterated by artificial additives, sweeteners, colorings, and preservatives — is the best tasting and most nutritious food available. Today they are the world’s leader in natural and organic foods. Visit Whole Foods to enjoy its tasty offerings and your second **cooking class**. Later visit Grand Central Station, one of New York City’s most famous landmarks. Or visit a museum of your choice, possibly the American Museum of Natural History or **Metropolitan Museum of Art or Museum of Modern Art**.

Day 8: This morning check out of your hotel and store your bags until you transfer you to the airport late today. Subway to **Chelsea Market**, an intriguing long arcade of food stores, ethnic restaurants and boutique shopping. Enjoy a visit to the market and the Meatpacking District – hot new destinations in the New York scene. You may wish to taste delicious specialties from the food shops and restaurants during your tour. Later return to your hotel where your coach will pick you up and transfer you to the airport for your late flight home.

TOUR INCLUSIONS

- Return airfare
- Return airport transfers
- 7 nights accommodation with private facilities
- 7 breakfasts
- 3 dinners
- 2 Broadway shows
- 7 day subway pass
- Guided Walking tours
 - o Harlem with Gospel Church visit
 - o Greenwich with Culinary tastings
- Entrances / Activities
 - o Empire State Building
 - o Statue of Liberty and Ellis Island
 - o 9/11 Memorial
 - o Culinary School
 - o Museum of choice
- 2 Cooking classes

