

PARIS & BARCELONA: Culinary Tour

(Note: This is only a sample tour)

Day 1: Depart today on your flight to Paris.

Day 2: Arrive today in **Paris**. Meet your guide for an orientation city walking tour. Later, your guide will leave you in the Latin Quarter. At one time only Latin was spoken here! Today it is brimming with cafes, restaurants, little bookstores, and tourist shops.

Day 3: Today a guided visit to the **Louvre**. Then see Place de la Concorde, Place Vendome and Palais Royale. Walk the Champs Elysee, Ave de Montaigne, Rue du Faubourg, and Saint Honore, widely cited as the most fashionable streets in the world. See the **Arc de Triomphe**. Tonight ascend the **Eiffel Tower**.



Day 4: Today is dedicated to discovering the secrets of French cuisine. Meet your guide and chef for your visit to a local market. Learn about some of the popular foods and pick up items you will need for your **cooking class** which will follow your market visit. Eat what you prepare. The remainder of the day visit some of Paris's grands magasins (department stores), Galeries Lafayette and Printemps. Tonight a Seine Cruise.

Day 5: Visit **Versailles**. See the Grand Apartments, Hall of Mirrors, King's and Queen's suites, and other sights. Return to Paris and see the famous cabaret, Moulin Rouge. Walk the Boulevard Clichy to Montmartre, one of the most picturesque and lively quarters of the city. Climb or take the funicular up to **Sacre Coeur**, a beautiful white basilica, magnetically towering from the highest point in Montmartre.

Day 6: Morning guided visit the Opera Garnier includes the public foyers, the main auditorium and backstage areas. Later visit Musee D'Orsay or Les Invalids and the Tomb of Napoleon Bonaparte.



Day 7: Depart for **Barcelona**. The history of Barcelona dates back to 218 B.C. when the Romans first developed the city walls, parts of which are still visible. Meet your guide for your city sightseeing tour. Later discover the famous Las Ramblas, a tree lined boulevard with many of Barcelona's most interesting streets running off or parallel to this main artery. The city's oldest buildings of historic and artistic interest are located in the Gothic Quarter.

Day 8: Visit **Sagrada Familia**, the unfinished church begun by local architect Antoni Gaudi. Gaudi worked on the project for 40 years and work is still underway on the project. Later enjoy a museum visit to the Picasso Museum, the best collection in the country of this artist who spent his formative years in Barcelona.

Day 9: An exciting day learning about Catalan cuisine. Your guide will escort you through the fabulous Mercat de la Boqueria. Later enjoy a **cooking class** to teach the basics of Spanish food preparation. Examples are potato omelette ("tortilla"), paella, various stews, migas, sausages, jamón serrano, and cheeses. Paella is probably the most famous Spanish dish made of rich saffron rice with a variety of meat pieces, seafood and vegetables. It's believed that the word 'paella' derives from the Arabic word baqiyah, which means "leftovers." Later enjoy shopping or the Catalan lifestyle relaxing at a café. Enjoy an evening paseo (walk).



Day 10: Full day voyage to **Cadaques**, a seaside resort made famous by Salvador Dali and his friends such as Picasso. The rocky coasts with its beautiful beaches and coves have been the source of inspiration for internationally famous painters and artists. Today visit Cadaques and Dali's famous home. **Figueres** is the birthplace of Dali. It is home to the Teatre- Museu a museum designed by Dali himself which you will visit.

Day 11: A full day to enjoy Barcelona. Visit other famous Gaudi monuments such as **Casa Batilo and Casa Mila (La Pedrera)**. The rest of the day is free to shop, sightsee, and relax with a cappuccino at a local coffee shop. Other museums that may be of interest today are the Chocolate Museum and the Catalan Art Museum which houses a world class collection of the regions art. Tonight you may wish to attend an optional performance at the Palau de la Musica Catalana, a modernistic style theatre that is well worth the visit.

Day 12: Today unfortunately your tour must come to an end.. Hasta la vista.

TOUR INCLUSIONS

- Return airfare to Paris return Barcelona
- One way flight Paris - Barcelona
- Coach transfers
 - o Paris – return airport
 - o Barcelona – return airport
 - o Full day to Cadaques and Figueres
- Assistance upon arrival in both cities
- 10 nights hotel accommodation with private facilities
- 10 Breakfasts
- 4 dinners
- Guided orientation tours
 - o Walking in Paris
 - o Coach tour Barcelona
- Entrances/visits:
 - o Guided visit to Louvre
 - o Versailles with audio guides
 - o Eiffel Tower
 - o Seine Cruise
 - o Guided visit Opera Garnier
 - o Musee D’Orsay or Les Invalids
 - o Guided visit to Parc Guell in Barcelona
 - o Guided visit to Sagrada Familia in Barcelona
 - o Picasso Museum in Barcelona
 - o Dali House Cadaques
 - o Dali Museum Figueres
 - o Casa Batilo or Casa Mila
- Cooking class and market tour
 - o 1 in Paris
 - o 1 in Barcelona
- 5 day metro pass in Paris

