

PARIS & BARCELONA: Fashion & Culinary Tour

(Note: This is only a sample tour)

Day 1: Depart today on your flight to Paris.

Day 2: Arrive today in **Paris**. Meet your guide for an orientation city walking tour. Later, your guide will leave you in the Latin Quarter. At one time only Latin was spoken here! Today it is brimming with cafes, restaurants, little bookstores, and tourist shops.

Day 3: Depart for your guided visit to the **Louvre** and the Musee des Arts Decoratifs, housing 35,000 fashion accessories and pieces of fabric illustrating the evolution of clothing. After, walk towards the Champs Elysee and the **Arc de Triomphe**. See Ave de Montaigne and Rue du Faubourg, Saint Honore, widely cited as the most fashionable streets in the world. Tonight enjoy a relaxing Seine cruise.



Day 4: Today is dedicated to discovering the secrets of French cuisine. Meet your guide and chef for your visit to a local market. Learn about some of the popular foods and pick up items you will need for your **cooking class** which will follow your market visit. Eat what you prepare. The remainder of the day visit some of Paris's fascinating "nooks". The Canal Saint Martin Neighborhood is a hotspot for fashion-conscious bohos. Visit Rue Montorgueil one of Paris's oldest streets and is a vibrant cheery quarter bursting with food markets, pastry shops, bars, cafes, eateries and quirky contemporary boutiques and young cutting edge designers. Tonight ascend the **Eiffel Tower**.

Day 5: Visit **Versailles**. See the Grand Apartments, Hall of Mirrors, King's and Queen's suites. Return to Paris and your visit to the Opera Garnier or the Musee de L'Eventail (Fan museum) or the Fragonard Musee de Parfum (Perfume Museum). Enjoy the evening in the Marais – a prime shopping area for shoppers with an eye for the unique. Shop for jewelry on the Rue des Francs- Bourgeois and up and coming fashion designers on Rue des Rosiers.



Day 6: Full day day of **fashion related activities** learning from fashion professionals who are familiar with the fashion world and will provide you with knowledge and skills of the world of French Haute Couture. Enjoy a walking tour of the most important fashion areas of this glorious city followed by visits to independent fashion designers. Tonight shop Galeries Lafayette and Printemps.

Day 7: Depart for **Barcelona**. Meet your guide for your city sightseeing tour. Later discover the famous Las Ramblas, a tree lined boulevard with many of Barcelona's most interesting streets running off or parallel to this main artery. The city's oldest buildings of historic and artistic interest are located in the Gothic Quarter.

Day 8: Visit **Sagrada Familia**, the unfinished church begun by local architect Antoni Gaudi. Gaudi worked on the project for 40 years and work is still underway on the project. Barcelona is crammed with shops and cafes. Make your way to Place Catalunya with it's 4 radiating great boulevards Later enjoy a museum visit to the Picasso Museum, the best collection in the country of this artist who spent his formative years in Barcelona. Tonight see Font Magica in its entire colorful splendor and water acrobatics.



Day 9: An exciting day learning about **Catalan cuisine**. Your guide will escort you through the fabulous Mercat de la Boqueria. Later enjoy a cooking class to teach the basics of Spanish food preparation. Examples are potato omelette ("tortilla"), paella, various stews, migas, sausages, jamón serrano, and cheeses. Paella is probably the most famous Spanish dish made of rich saffron rice with a variety of meat pieces, seafood and vegetables. It's believed that the word 'paella' derives from the Arabic word baqiyah, which means "leftovers." Later enjoy shopping or the Catalan lifestyle relaxing at a café. Enjoy an evening paseo (walk).

Day 10: Today the world of **Barcelona fashion**. The neighborhood of Gracia was an independent village until the late 19th century but today it is popular with artists and a bohemian crowd and has the highest concentration of foreign restaurants in the city. It is known for local artisans and brand shops, trendy bars and traditions such as the Festas de Gracia or St Medir Festivals.. IED Barcelona has a history of developing talented fashion graduates who are able to develop a personal creative practice and work within all areas of the international fashion industry Later visit local independent and successful fashion designers and a fashion photographer.

Day 11: Visit the **Museum of Textiles and Fashion**. Newly opening in 2014 it is situated right next to a flea market space called Encants. The museum includes collections of historical and contemporary decorative arts, ceramics, industrial design, textiles, clothing and graphic designs. Enjoy your morning at the museum and flea market. Wander to the La Ribera neighborhood, an area that used to house the wealthier shippers and merchants. Streets are named after the shops that used to occupy them (ie The Carrer de L'Argenteria or Goldsmith Street). The Passeig del Born (formerly a jousting square) is popular for its fine restaurants and tapas bars. Museums that may be of interest today instead are the Chocolate Museum which tells the story of chocolate from the Aztecs to the Europeans and the Catalan Art Museum which houses a world class collection of the regions art. The rest of the day is free to shop, sightsee according to your own schedule, and relax with a cappuccino at a local coffee shop.

Day 12: Today unfortunately your tour must come to an end.. Hasta la vista.

TOUR INCLUSIONS

- Return airfare to Paris return Barcelona
- All airport transfers in Paris and Barcelona.
- Assistance upon arrival in both cities
- Flight Paris - Barcelona
- 10 nights hotel accommodation with private facilities
- 10 Breakfasts
- 4 dinners
- Guided orientation tours
 - o Walking in Paris
 - o Coach tour Barcelona
- Entrances/visits:
 - o Guided visit to Louvre
 - o Musee Des Arts Decoratif
 - o Versailles with audio guides
 - o Eiffel Tower
 - o Seine Cruise
 - o Fan Museum or Opera Garnier or Fragonard Perfume Museum
 - o Guided visit to Parc Guell in Barcelona
 - o Guided visit to Sagrada Familia in Barcelona
 - o Museum of Textiles and Fashion in Barcelona
 - o Picasso Museum in Barcelona
- Cooking class and market tour
 - o 1 in Paris
 - o 1 in Barcelona
- Full day guided fashion activities
 - o 1 day in Paris
 - o 1 day in Barcelona
- 5 day metro pass in Paris

